

BREAKFASTS

SERVED FROM 8AM-11AM

Smoked Salmon, Eggs and a Bagel

Manchester Smokehouse smoked salmon with scrambled eggs and a bagel or rye bread

eat in 7.20 / take out 6.00

Lulu's Breakfast

Lulu's signature fried beef and scrambled eggs served with a bagel or rye bread

eat in 7.20 / take out 6.00

Lulu's Vegan Breakfast (v)

Sauteed fresh peppers, tomato, onions and spicy beans served with a bagel or rye bread

eat in 6.50 / take out 5.40

Mediterranean Breakfast (v)

Homemade hummus, chopped salad, boiled eggs, nuts & seeds and a bagel

eat in 6.50 / take out 5.40

SOUPS

Chicken Soup

Homemade chicken soup like my bobba made with Kneidlach (dumplings)

eat in 5.40 / take out 4.50

Vegan Soup (v)

Please see counter display for today's special

eat in 4.75 / take out 3.95

SALAD PLATES

All dairy free and vegetarian

Lulu's Salad Plate (v)

An assortment of fresh salads including: Tabbouleh, Mediterranean, Potato, Cabbage, Sweet Potato, Coleslaw and Hummus

eat in 6.60 / take out 5.50

Protein Plate

Salad Plate (as above) topped with a choice of: Smoked Salmon / Rotisserie Chicken / Salt Beef

eat in 8.60 / take out 7.20

HOT DOGS

SERVED WITH FRIED ONIONS (OPTIONAL).

Enjoy it with a Salad Plate for 2.50 extra (3.00 eat in)

Chicago Hot Dog

Jumbo, chicago style, all-beef hot dog served in a bun

eat in 5.70 / take out 4.80

Hot Dog

All-beef hot dog served in a bun - ideal for kids or those with a smaller appetite

eat in 4.30 / take out 3.60

Veggie Dog (v)

Vegetarian hot dog served in a bun

eat in 4.30 / take out 3.60

BAGELS & SANDWICHES

Served as they are or add a Salad Plate for 2.50 extra (3.00 eat in)

Smoked Salmon on Bagel or Rye

Award Winning Manchester Smokehouse smoked salmon with a squeeze of lemon, black pepper and onion

eat in 6.10 / take out 5.10

Salt Beef Bagel on Bagel or Rye

Homemade salt beef generously layered with pickled cucumber and mustard

eat in 6.10 / take out 5.10

Roast Chicken on Bagel or Rye

Fresh rotisserie chicken with mayonnaise and pickled cucumber

eat in 6.10 / take out 5.10

Egg Mayo on Bagel or Rye (v)

Farm eggs with REAL mayonnaise topped with sliced fresh tomato

eat in 5.65 / take out 4.70

Hummus on Bagel or Rye (v)

Homemade hummus topped with tabbouleh and a hint of chilli

eat in 5.65 / take out 4.70

LIGHT BITES

Dairy free and vegetarian

Bagel with dairy free spread and jam/Marmite (v)
2.20

Toasted kuchen with dairy free spread (v)
2.20

Lulu's toasted homemade banana bread (v)
2.50

CAKES & BISCUITS

Dairy free and vegetarian

Lulu's Homemade Cake Slice (v)

Today's fresh cake (see our displays)
2.40

Lulu's Homemade Biscuit Plate (v)

Assorted biscuit plate
2.40

TEA & COFFEE

PLEASE NOTE: WE USE ONLY NON-DAIRY MILK IN OUR HOT BEVERAGES

Tea / Herbal 2.00

Latte reg 2.80 / lrg 3.00

Mocha

Cappucino

Flat White

Americano

Hot Chocolate

Espresso 1.60

Double Espresso 3.00

WE ARE DOING OUR BIT FOR THE ENVIRONMENT....

All menu items, whether eat in or take out, are served on high quality, compostable Vegware packaging. This helps us reduce our environmental impact. Vegware packaging should also be disposed of with your food waste at home.

Take it home....

Let us make your life a little easier....all our salads, dips and ready meals can be found in the fridges with a wide range of homemade pies, currys, stews and more in the freezer or why not order a rotisserie chicken, some sliced salt beef or a serving or two of soup to take home? Please ask us for more information.

SALADS - dairy free and vegetarian

small (serves 2) 3.10

medium (serves 4) 4.80

large (serves 8) 8.40

Tabbouleh - Bulgar wheat with chopped tomato, cucumber, red onion, parsley and freshly chopped mint

Potato Salad - Potatoes tossed with mayonnaise, onion, pickled cucumber and boiled egg

Cabbage Salad - Finely shredded cabbage with celery and fresh herbs in a vinaigrette dressing

Mediterranean Salad - Chopped tomato, cucumber, pepper and red onion with fresh parsley

Sweet Potato Salad - Oven roasted cubed sweet potato in a sweet chilli dressing topped with fresh coriander

Coleslaw - Shredded cabbage and carrot tossed in a light mayonnaise with fresh lemon juice

ROTISSERIE CHICKEN

Quarter 4.80 / Half 8.80 / Whole 17.60

SLICED SALT BEEF

40.00/kg

CHOPPED LIVER

280g - 5.80

DIPS & SPREADS - dairy free and vegetarian

small (serves 3-4) 3.40

medium (serves 4-6) 5.20

large (serves 8-10) 11.00

Egg & Onion - Boiled egg and fresh spring onion

Egg Mayo - Farm eggs with REAL mayonnaise

Hummus - Chickpea dip made with fresh lemon and garlic and sprinkled with za'atar

Matboucha - Slow cooked spicy tomato and red pepper sauce with a bite

Sweet Chilli - Slow cooked sweet chilli and tomato sauce

Aubergine - Roasted eggplant blended with fresh lemon and garlic

Tahina - Sesame seed dip made with garlic, lemon juice and fresh parsley

SOUPS

Chicken (300ml) 4.50 / Chicken (1ltr) 8.40

Vegetarian (300ml) 3.95 / Vegetarian (1ltr) 6.50

LOAF CAKES - dairy free and vegetarian

5.80