

# Lulu's KITCHEN

Wholesome, delicious deli food - Ready to eat and enjoy

## SOUPS

**Chicken Soup** £5.90

Homemade, traditional chicken soup with kneidlach (dumpling)

**Vegan Soup of the day (v) (V)** £4.90

Ask us what we've made fresh

## SALAD / PROTEIN PLATES

**Salad Plate (v)** £7.60

Assortment of fresh salads including:

- Potato Salad (potatoes, mayonnaise, onion, pickled cucumber, boiled egg)
- Cabbage Salad (cabbage, celery, fresh herbs, vinaigrette dressing) (V)
- Mediterranean Salad (tomato, cucumber, pepper, red onion, fresh parsley) (V)
- Sweet Potato Salad (sweet potato, sweet chilli sauce, fresh coriander) (V)
- Coleslaw (cabbage, carrot, mayonnaise, fresh lemon juice)
- Tabbouleh (bulgar wheat, tomato, red pepper, red onion, cucumber, parsley, fresh mint) (V)
- Hummus (chickpeas, fresh lemon, garlic, za'atar, tahina) (V)

**Protein Plate** £9.80

Salad assortment with a choice of:

- Smoked Salmon
- Rotisserie Chicken
- Salt Beef

## HOT DOGS

Served with mustard, ketchup & fried onions

**Chicago Hot Dog** £5.90

All beef, jumbo 90g hot dog

**Hot Dog** £4.50

All beef hot dog

**Veggie Dog (v) (V)** £4.90

Add a salad selection to any hog dog for +£3.90

## SANDWICHES

Served on either a bagel or rye bread

**Smoked Salmon** £6.00

Manchester Smokehouse salmon, squeeze of lemon, black pepper & onion

**Salt Beef** £5.90

Homemade salt beef, pickled cucumber & mustard

**Roast Chicken** £5.90

Rotisserie chicken, mayonnaise & pickled cucumber

**Egg Mayo (v)** £4.90

Farm eggs, mayonnaise, topped with sliced tomato

**Hummus (v) (V)** £4.90

Homemade hummus, tabbouleh, morrocan carrot & a hint of chilli

Add a salad selection to a sandwich for +£3.90

## BREAKFASTS

AVAILABLE UNTIL 11AM

All served with a toasted bagel

**Scrambled Breakfast (v)** £5.40

Scrambled eggs & toasted bagel

**Smoked Salmon Breakfast** £8.50

Smoked salmon & scrambled eggs

**Lulu's Beef Breakfast** £8.50

Fried beef, scrambled eggs & fried tomato

**Vegan breakfast (v) (V)** £7.80

Sautéed fresh peppers, tomato, onions & spicy beans

**Mediterranean Breakfast (v)** £7.80

Homemade hummus, chopped salad, boiled eggs with nuts & seeds

## TEA & COFFEE

**Tea / Herbal** £2.40

**Americano / Latte / Cappuccino** £2.80 / £3.20

**Flat White / Mocha / Hot Chocolate**

**Espresso / Double Espresso** £1.80 / £3.20

*Allergen information: Our food environment handles:*

Dairy, Wheat, Gluten, Nuts, Peanuts, Eggs, Mustard, Fish, Sesame, Soya, Celery, Sulphites

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