

lulu's KITCHEN *fresh, wholesome and delicious deli food to eat in or take out*

SOUPS

SERVED WITH A TOASTED BAGEL

Chicken Soup

Homemade, traditional chicken soup with kneidlach (dumpling)

eat in 7.20 / take out 6.20

Vegan Soup (v)

Please see counter display for today's special

eat in 6.50 / take out 5.50

HOT DOGS

SERVED WITH MUSTARD, KETCHUP AND FRIED ONIONS

Chicago Hot Dog

Jumbo 90g all-beef hot dog

solo eat in 6.50 / take out 5.50
add salad plate eat in 10.00 / take out 9.00

Hot Dog

All-beef hot dog - ideal for kids or those with a smaller appetite

solo eat in 5.20 / take out 4.20
add salad plate eat in 8.70 / take out 7.70

Veggie Dog (v)

Vegetarian hot dog

solo eat in 5.50 / take out 4.50
add salad plate eat in 9.00 / take out 8.00

PROTEIN / SALAD PLATES

Protein Plate

A generous assortment of fresh daily salads topped with a choice of:

- **Smoked Salmon** or
- **Rotisserie Chicken** or
- **Salt Beef**

eat in 9.50 / take out 8.50

Salad Plate (v)

A generous assortment of our fresh daily salads including:

- **Potato Salad** (potatoes, mayonnaise, onion, pickled cucumber, boiled egg)
- **Cabbage Salad** (cabbage, celery, fresh herbs, vinaigrette dressing)
- **Mediterranean Salad** (tomato, cucumber, pepper, red onion, fresh parsley)
- **Sweet Potato Salad** (sweet potato, sweet chilli sauce, fresh coriander)
- **Coleslaw** (cabbage, carrot mayonnaise, fresh lemon juice)
- **Tabbouleh** (bulgar wheat, tomato, red pepper, red onion, cucumber, parsley, fresh mint)
- **Hummus** (chickpeas, fresh lemon, garlic, za'atar, tahina)

eat in 7.50 / take out 6.50

SANDWICHES

SERVED ON BAGEL OR RYE BREAD

Smoked Salmon

Manchester Smokehouse smoked salmon, a squeeze of lemon, black pepper and onion

solo eat in 6.80 / take out 5.80
add salad plate eat in 10.00 / take out 9.00

Salt Beef

Homemade salt beef, layered with pickled cucumber and mustard

solo eat in 6.80 / take out 5.80
add salad plate eat in 10.00 / take out 9.00

Roast Chicken

Rotisserie chicken slices with mayonnaise and pickled cucumber

solo eat in 6.80 / take out 5.80
add salad plate eat in 10.00 / take out 9.00

Egg Mayo (v)

Farm eggs with mayonnaise, topped with sliced fresh tomato

solo eat in 5.80 / take out 4.80
add salad plate eat in 9.30 / take out 8.30

Hummus (v)

Homemade hummus topped with tabbouleh and a hint of chilli

solo eat in 5.80 / take out 4.80
add salad plate eat in 9.30 / take out 8.30

BREAKFASTS AVAILABLE UNTIL 11AM

ALL SERVED WITH A TOASTED BAGEL

Scrambled Breakfast

Scrambled eggs and toasted bagel

eat in 6.00 / take out 5.00

Smoked Salmon Breakfast

Manchester Smokehouse smoked salmon and scrambled eggs

eat in 8.50 / take out 7.50

Lulu's Beef Breakfast

Lulu's signature fried beef, scrambled eggs and fried tomato

eat in 8.50 / take out 7.50

Vegan Breakfast (v)

Sautéed fresh peppers, tomato, onions and spicy beans

eat in 6.50 / take out 5.50

Mediterranean Breakfast (v)

Homemade hummus, chopped salad, boiled eggs, nuts & seeds

eat in 7.20 / take out 6.20

LIGHT BITES

WITH DAIRY FREE SPREAD

Toasted homemade banana bread (2 slices) 3.50

Toasted bagel/rye with Marmite, jam or honey 2.60

Toasted Kuchen - our version of a teacake. 3.20

CAKE

2 slices of Lulu's homemade cake 3.50

TEA & COFFEE

WE USE ONLY **NON-DAIRY** MILK IN OUR HOT BEVERAGES

Tea / Herbal 2.40

Americano / Latte / Cappuccino / Flat White

Mocha / Hot Chocolate (r) 2.80 / (l) 3.00

Espresso 1.80

Double Espresso 3.20

WE ARE DOING OUR BIT FOR THE ENVIRONMENT... 

All menu items, eat in or take out, are served on high quality, compostable packaging. This helps us reduce our environmental impact.

Our packaging can be disposed of with your food waste at home.



At Lulu's Kitchen, we operate a **DAIRY FREE** kitchen so you can be assured that everything we produce contains absolutely no dairy at all!

ALLERGEN ADVICE

Our food is made in an environment that handles:

**WHEAT, GLUTEN, NUTS, EGGS,
MUSTARD, FISH, SESAME, SOYA,
CELERY OR SULPHITES**

- PLEASE ASK IF YOU REQUIRE INFORMATION -

PLEASE ORDER AT THE COUNTER

TAKE IT HOME

LET US MAKE YOUR LIFE A LITTLE EASIER.

Why not order a rotisserie chicken, some sliced salt beef, a serving of soup or some loaf cakes to take home?

Our salads and dips can be found in the fridges with a range of homemade pies, currys, stews and more in the freezer.

Please ask us for more information.

SALADS (v)

Small 3.60

Medium 5.60

Large 9.80

ROTISSERIED CHICKEN

Quarter 5.50

Half 9.80

Whole 19.00

DIPS (v)

Small 3.90

Medium 5.90

Large 12.00

SLICED SALT BEEF

Slow Cooked 48.00/kg

HOMEMADE CHOPPED LIVER

Small 4.60

Regular 6.50

SOUPS

Chicken (S) 5.50

Chicken (L) 10.40

Vegetarian (S) 4.80

Vegetarian (L) 9.00

LOAF CAKES

Assorted 6.50

Lulu's KITCHEN

UNDER THE AUSPICES OF THE SEPHARDI BETH DIN

41 WILMSLOW ROAD
CHEADLE - SK8 1DR

0161 491 1100

hello@luluskitchen.co.uk

www.luluskitchen.co.uk